

Black, Chai and Red Teas

Angel Tea

Sri Lanka, India, Formosa
Black tea
Maple and blackberry infusion
Caffeine
\$2.25

Assam Choice Estate

Assam, India (Satrupa Estate)
Black tea
Delicate and slightly sweet
Caffeine
\$2.75

Chai Tea

100% certified organic herbs
Indian Himalayas (Darjeeling)
Ginger root, cinnamon bark, cloves, cardamom pods,
nutmeg, vanilla beans, and Darjeeling leaves
Small amount of caffeine
\$2.10

Earl Grey

Certified organic and Fair Trade
India
Black tea fermented in a blend of bergamot oil
Smooth, aromatic with a distinctive aftertaste
Caffeine
\$1.75

English Breakfast

Certified organic and Fair Trade
Sri Lanka, India, and Assam
Hearty, dark, robust and smooth, morning wake up
Caffeine
\$2.00

Fruit of Brazil

China
Black tea
Smooth and delicate with infusion of passion fruit
High in caffeine
\$2.50

Mango Ceylon

Certified organic and Fair Trade.
Sri Lanka
Mango, marigold petals, and Ceylon leaves
Caffeine
\$1.75

Oolong

Certified organic and Fair Trade
India
Black tea, full bodied, lingering, semi-bitter taste
Caffeine
\$2.75

Peace Out

OQK - organic and kosher certified
Herbal
Wonderful for meditation and quiet moments
Contains: Chamomile flowers, spearmint leaves,
passionflower herb, rose petals, lavender flowers
and cinnamon bark
Caffeine free
\$2.25

Red Rooibos

Certified organic
South African mountain peaks
Naturally sweet, smooth, and a hearty red color
Healthy amounts of iron, potassium, calcium, magnesium,
fluoride, vitamin C, zinc, and fair amounts of alpha-hydroxy
acid which is known to promote healthy skin
Caffeine free
\$2.00

Spicy Orange

Certified organic and Fair Trade
Sri Lanka
Orange peel, cinnamon, cloves, and Ceylon leaves
Caffeine free
\$2.00

Verbena Mint

Certified organic
France, Morocco
Soft citrus notes of verbena leaves
Caffeine free
\$2.00

White Cloud

Drum mountain (white tea)
Smooth, sweet, nutty taste
Rich in anti-oxidants
Contains: Fluoride and beta
Low in caffeine
\$2.00

Honey Bush

Certified organic and Fair Trade
Cape of Good Hope, Africa
Fermented red tea, super fruity, sweet, and virtually no tannin
High in vitamin C, potassium, calcium, magnesium,
anti-oxidants, rare trace minerals, isoflavones and coumestans
Caffeine free
\$2.00

Green Teas

Green Sencha Leaf

Certified organic and Fair Trade
Japan (High mountain tops)
Harvest of first young leaves, hand picked
Very high in caffeine
\$3.25

Gunpowder Green

Fair Trade certified
Japan
Bold and somewhat bitter taste
Caffeine
\$1.75

Jasmine with flowers

China (Fujian Province)
Green Tea
High quality with jasmine #1
Caffeine
\$2.50

Kukicha Twig

Certified organic
Harvested from aged tea plants, then toasted.
Full-bodied with a hint of nectar-like sweetness.
Low in Caffeine
\$2.1

White Silver Needle

Cultivated without chemicals
China (Fujian Province)
One of the rarest teas in the world, only harvested 2-3 days each spring
Caffeine
\$3.50

Herbal Teas

All caffeine free

Balance

OQK - organic and kosher certified
Herbal - infusion
Cools and balances
Contains: Motherwort, sage, nettle, lemon balm,
mugwort
\$2.00

Chakra

OQK - organic and kosher certified
Herbal - decoction
Great for sore and tickly throats
Contains: Licorice, marshmallow and echinacea
purpurea roots, cinnamon bark, orange peel, ginger
root, fennel seeds and cloves
\$2.25

Citrus and Chamomile

Egypt
Infusion of chamomile and citrus fruit
Anti-inflammatory, also for nerves and
stomach pains
Caffeine free
\$2.25

Citrus Blend

OQK - organic and kosher certified
Herbal - decoction
Tangy and refreshing, also good iced
Contains: orange peel, lemon peel, and sweet orange
essential oil.
\$2.50

Egyptian Chamomile

Egypt (Nile Delta)
Flower infusion
Abundance of healing properties
\$2.75

Harmony

OQK - organic and kosher certified
Herbal - decoction
Great for harmony and energy
Contains: Dandelion, licorice, ginger roots,
sarsaparilla bark, fennel seeds, star anise pods,
burdock, dong quai and wild yam roots, cinnamon,
bark, pau d arco, and orange peel
\$2.00

Healthy Digestion

OQK - organic and kosher certified
Herbal
Helps to support healthy digestion
Contains: Catnip, spearmint and lemongrass
leaves, calendula flowers, skullcap, rosemary and
sage leaves and fennel seeds
\$2.25

Inspiration

OQK - organic and kosher certified
Herbal - infusion
Contains: Calendula, red clover, lavender and chamomile
flowers, lemon balm, catnip, spearmint, skullcap and
thyme leaves, oatstraw, lemon peel and stevia
\$2.1

Memory Refresher

OQK - organic and kosher certified
Herbal - infusion
Great for clarity and precision
Contains: Ginkgo, gotu kola and peppermint leaves,
red clover tops, rosemary leaves, ginger root and
stevia leaves
\$2.25

Moon Ease

OQK - organic and kosher certified
Herbal - infusion
Warming and comforting - great for cramps
Contains: Crampbark, chaste tree berries,
spearmint and skullcap leaves, marshmallow
root, passionflower herb and ginger root
\$2.50

Relax

OQK - organic and kosher certified
Herbal - infusion
Calming and relaxing
Contains: Lemon balm and skullcap leaves, hibiscus
and hop flowers, valerian root, passionflower herb,
and lavender flowers
\$2.25

RX Detox

USA
For nerves, organs, and membranes
Reduces blood sugar levels
Caffeine free
\$2.25

Spice

OQK - organic and kosher certified
Herbal - decoction
Spicy, festive...a great stress reducer
Contains: Eleuthero root, sarsaparilla and
cinnamon barks, orange peel, cardamom seeds
licorice, roasted dandelion, ginger root, and cloves
\$2.25

Toning

OQK - organic and kosher certified
Herbal - infusion
Ideal for everyday for toning and balancing
Contains: Red raspberry, peppermint, nettle leaves,
oatstraw, ginger root, dandelion leaves, rose petals,
chamomile flowers, horsetail, and a pinch of stevia
\$2.50

Your RX for Health

OQK - organic and kosher certified
Herbal tea - infusion
Spirited, uplifting, and energizing
Ginkgo leaves, red clover leaves and flowers, nettle and
meadowsweet leaves, calendula, chamomile and
lavender flowers, gotu kola leaves and a pinch of stevia
\$2.75

Infusion....leaves and/or flowers

Decoction....berries, seeds, root and/or bark